

Gravitational time dilation:

$$\Delta t_{\text{distant}} = \Delta t_{\text{grav}} \gamma_{\text{grav}} = \Delta t_{\text{prop}} \gamma_{\text{grav}}$$

Kinematic time dilation:

$$\Delta t_{\text{stat}} = \Delta t_{\text{mov}} \gamma_{\text{kin}} = \Delta t_{\text{prop}} \gamma_{\text{kin}}$$

Equivalence Principle:

$$\gamma_{\text{grav}} = \gamma_{\text{kin}} = \frac{c}{\sqrt{c^2 - v^2}}$$

Precondition:

$$v_{\text{stat}} = v_{\text{distant}} = 0$$

renders:

$$\Delta t_{\text{stat}} = \Delta t_{\text{distant}} =: \Delta t_{\text{inert}}$$

Therefore:

$$\Delta t_{\text{inert}} = \Delta t_{\text{prop}} \gamma_{\text{kin}} = \frac{c \Delta t_{\text{prop}}}{\sqrt{c^2 - v_t^2}} \quad [\$]$$

Acceleration¹:

$$a_{\text{inert}} = \frac{a_{\text{prop}}}{\gamma_{\parallel} \gamma_{\text{tot}}^2}$$

yields²:

$$\frac{v_t}{c} = \frac{a_{\text{prop}} t_{\text{inert}} / c}{\sqrt{1 + a_{\text{prop}}^2 t_{\text{inert}}^2 / c^2}}$$

hence:

$$v_t = \frac{a_{\text{prop}} t_{\text{inert}}}{\sqrt{1 + a_{\text{prop}}^2 t_{\text{inert}}^2 / c^2}} = \frac{c a_{\text{prop}} t_{\text{inert}}}{\sqrt{c^2 + a_{\text{prop}}^2 t_{\text{inert}}^2}}$$

i.e.:

$$v_t^2 = \frac{c^2 a_{\text{prop}}^2 t_{\text{inert}}^2}{c^2 + a_{\text{prop}}^2 t_{\text{inert}}^2}$$

Using [\$], this becomes:

$$v_t^2 = \frac{c^2 a_{\text{prop}}^2 \frac{c^2 t_{\text{prop}}^2}{c^2 - v_t^2}}{c^2 + a_{\text{prop}}^2 \frac{c^2 t_{\text{prop}}^2}{c^2 - v_t^2}} = \frac{c^2 a_{\text{prop}}^2 \frac{c^2 t_{\text{prop}}^2}{c^2 - v_t^2}}{\frac{c^2 (c^2 - v_t^2)}{c^2 - v_t^2} + a_{\text{prop}}^2 \frac{c^2 t_{\text{prop}}^2}{c^2 - v_t^2}}$$

hence:

$$v_t^2 = \frac{c^4 a_{\text{prop}}^2 t_{\text{prop}}^2}{c^4 - c^2 v_t^2 + c^2 a_{\text{prop}}^2 t_{\text{prop}}^2} = \frac{c^2 a_{\text{prop}}^2 t_{\text{prop}}^2}{c^2 - v_t^2 + a_{\text{prop}}^2 t_{\text{prop}}^2}$$

therefore:

$$v_t^2 (c^2 - v_t^2 + a_{\text{prop}}^2 t_{\text{prop}}^2) = c^2 a_{\text{prop}}^2 t_{\text{prop}}^2$$

or:

$$c^2 v_t^2 - (v_t^2)^2 + v_t^2 a_{\text{prop}}^2 t_{\text{prop}}^2 = c^2 a_{\text{prop}}^2 t_{\text{prop}}^2$$

flipping signs:

$$-c^2 v_t^2 + (v_t^2)^2 - v_t^2 a_{\text{prop}}^2 t_{\text{prop}}^2 = -c^2 a_{\text{prop}}^2 t_{\text{prop}}^2$$

renders:

$$(v_t^2)^2 - (c^2 + a_{\text{prop}}^2 t_{\text{prop}}^2) v_t^2 + c^2 a_{\text{prop}}^2 t_{\text{prop}}^2 = 0$$

so we obtain:

$$v_t^2 = \frac{c^2 + a_{\text{prop}}^2 t_{\text{prop}}^2 \pm \sqrt{(c^2 + a_{\text{prop}}^2 t_{\text{prop}}^2)^2 - 4c^2 a_{\text{prop}}^2 t_{\text{prop}}^2}}{2}$$

which is:

$$v_t^2 = \frac{c^2 + a_{\text{prop}}^2 t_{\text{prop}}^2 \pm \sqrt{(c^2 - a_{\text{prop}}^2 t_{\text{prop}}^2)^2}}{2}$$

or:

$$v_t^2 = \frac{c^2 + a_{\text{prop}}^2 t_{\text{prop}}^2 \pm (c^2 - a_{\text{prop}}^2 t_{\text{prop}}^2)}{2}$$

yielding:

$$v_t^2 \in \{c^2, a_{\text{prop}}^2 t_{\text{prop}}^2\}$$

The first thereof is unachievable,

leaving us with:

$$v_t^2 = a_{\text{prop}}^2 t_{\text{prop}}^2$$

which seems a **very trivial** result of some nice mess I've worked myself through.

Wouldn't the speed **limit** of light: $v_t^2 < c^2$ also limit²: $t_{\text{prop}} < \frac{c}{a_{\text{prop}}}$?

Isn't this similar to a free fall that **will** end after a finite time? Whether, you like it or not...

¹ See <https://henk-reints.nl/astro/HR-Deflection-of-light-and-NewsteinQuilidaTrajectory.pdf>

² See <https://henk-reints.nl/astro/HR-Twin-paradox-slides.pdf>, p.106,113 (as of 2026-01-01)

Doesn't this imply the **universe** is **finite**? You **cannot** keep accelerating.

Simply using: $s_{\text{prop,max}} = \frac{1}{2} a_{\text{prop}} t_{\text{prop,max}}^2$ yields: $s_{\text{prop,max}} = \frac{c^2}{2a_{\text{prop}}}$.

Wouldn't this imply: $a_{\text{prop,max}} = \frac{F}{m} \Big|_{\text{max}} = \frac{c^2}{2s_{\text{prop,max}}} = \frac{c^2}{2D_H} \approx 3.5 \times 10^{-10} \text{ [m/s}^2 = \text{N/kg]}$

where: D_H is the **Hubble distance**? 🤔 🤔 🤔

Or might *proper distance* be able to well exceed the latter? Seems so, seemsn't it?

With [§], we can now say: $\gamma_{\text{acc}} := \frac{\Delta t_{\text{inert}}}{\Delta t_{\text{prop}}} = \frac{c}{\sqrt{c^2 - a_{\text{prop}}^2 t_{\text{prop}}^2}}$

where $t_{\text{prop}} = \Delta t_{\text{prop}}$ is since the start of the acceleration (as well as Δt_{inert}).

From the fact that: $a_{\text{prop}} = \frac{F_{\text{exerted}}}{m_{\text{prop}}} = \frac{F}{m}$

we obtain: $\gamma_{\text{acc}} = \frac{mc}{\sqrt{m^2 c^2 - F^2 t_{\text{prop}}^2}} = \frac{mc^2}{\sqrt{(mc^2)^2 - (Fc\Delta t_{\text{prop}})^2}}$

It is the **mean value** over the time that **The Force May Be With You**.

It clearly is an *energy* ratio: *rest energy* over the Pythagorean difference of the same and the *work performed* over the corresponding *light travel distance*.

It clearly **depends on the time span** during which the (constant!) **force is exerted**.

In <https://henk-reints.nl/astro/HR-Newstein-corrected.pdf>, I found:

$$\gamma_{\text{grav}} = 1 + \frac{1}{2} \sqrt{|\mathcal{F}_g|} = 1 + \sqrt{|GF_g/c^4|}.$$

Doesn't this indicate acceleration

is definitely not equivalent to gravitation?

Doesn't this undermine Einstein's Equivalence Principle

suggesting **free fall** would be **equivalent** to being **inert**?

Your **weight** (which **is a true force**, damn!) is compensated by the resilience of your chair and anything underneath it.

According to **legem tertiam amici mei Isaaci Newtoni**, a net force equal to zero, *nought, diddly squat, zilch, Sweet Fanny Adams* results from this *action & contrary reaction that's always equal* and then **lex eius secunda** says there is **nullam mutationem in motu**.

In free fall there's just nothing (*no thing*) that can counter the *action* called gravity, so you obviously can't feel any *reaction*. And you never ever feel your own weight!

The **chair** feels **your** weight & **you**(r bottom) feel(s) the **chair's reaction** force.

Standing on your toz, I feel only some hump, but **YOU** 🙌 🤪🤪 🤪🤪 hab hab ROFL...

<https://henk-reints.nl/astro/HR-acceleration-gravitation-geodesic.pdf>



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Cosmic truths:

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Gravitation without the use of tensors:

<https://henk-reints.nl/u/notensors.php>